

Start Early!

To Post-Secondary Planning

Steps

ELEMENTARY YEARS

IEP: As a team, develop the most appropriate supports for your child.

Curriculum: Determine any testing that would be helpful to identify challenges impacting your child. Access general education curriculum.

Skills: Include functional skills in the IEP. Everyday tasks - Putting away things, Following directions.

Activities of Daily Living (ADL); Understanding emotions, Communicating, Delayed Gratification skills, Personal Safety, Simple Chores.

Introduce the concept of education tied to a favorite vocation in 4th and 5th grade; Want to be a teacher? Going to college is the way to learn to be a teacher!

MID-HIGH YEARS

IEP: As a team, update appropriate supports. Begin to think in terms of what will be most helpful to align with plans after High School.

Become familiar with requirements for High School graduation.

Become familiar with requirements to attend college, supported college programs, technical schools, community college.

Curriculum: Access general education curriculum and participation in general education classes.

Skills: Vocational Skill Development: Interest inventories, Connect with Vocational Rehabilitation (VR) at age 15-1/2 to begin post high school planning.

Activities of Daily Living (ADL); Decision making, Setting Goals, Communicating, Self-Advocacy, Self-Regulation Strategies.

Talk about possibilities after High School tied to interests!

HIGH SCHOOL YEARS

Transition!

IEP: As a team, update appropriate supports. Ask for referrals to VR if have not done yet, Benefits Planning, and other helpful resources.

Requirements for Graduation: Outline High School class options - charting each year's possibilities leading to graduation

Curriculum: Access general education curriculum and participation in general education classes and electives that try out areas of interest. Include Career Development.

Skills: Interest Inventories, Opportunities for independent decision making, Responsibilities in the classroom including homework and communication.

Activities of Daily Living (ADL); Time management, Self-advocacy, Self-care, Understanding medications, Assignment of chores at home.

Visit various inclusive post-secondary education options; colleges, tech centers, community colleges. Download applications